



2022 Open Enrollment **Virtual Health/Wellness Virtual Benefits Fair**

Welcome to the 2022 State Judicial Branch Open Enrollment Virtual Health/Wellness Virtual Benefits Fair. The open enrollment period is from September 19, 2022 through October 14, 2022. During this timeframe, you will be able to enroll, cancel, and/or change your election to the following plan(s):

- Medical
- Dental
- Vision
- Flex Elect Plans (Reimbursement and Cash Option)
- Long Term Disability
- Group Legal Services Insurance Plan
- Supplemental Life Insurance

To assist you in making informed decisions about your healthcare, the Judicial Council Human Resources office has compiled information from the plan administrators which you can access at your convenience. Below is a summary of information contained in this document:

- ***Health Plan Changes for 2023 (New):*** Summary of health plan changes for the upcoming 2023 plan year.
- ***Healthier U Connections:*** Employees may view on-demand webinars for all benefit plans on the Healthier U Connections website (initial registration will be required for this website).
- ***Online Presentations:*** Includes live webinars, on-demand webinars, recorded presentations, virtual/interactive platforms, and other educational videos
- ***Benefit Summary:*** Summary of benefit documents, evidence of coverage booklets, program guides, comparison charts, plan summaries, overviews, and newsletters.
- ***Helpful Links:*** Provider/location directories, member guides, enrollment brochures/kits, digital publications, frequently asked questions, and benefits calculators/estimator tools.

If you have any additional questions, please contact your assigned Judicial Council Pay and Benefits representative.



Health Plan Changes for 2023 Plan Year

Listed below is a summary of the health plan changes for the 2023 plan year. The list also includes the health plans with a gross premium increase of 9.00% or more.

Health Maintenance Organization (HMO) and Exclusive Provider Organization (EPO)	
Plan Name	Changes for 2023
Anthem Del Norte EPO	14.48% premium increase for State agencies
Blue Shield Access + EPO	Expansion into 11 counties: Alpine, Calaveras, Inyo, Lake, Modoc, Mono, Plumas, Siskiyou, Tehama, Trinity, and Tuolumne
Blue Shield Trio	Expansion into seven counties: Butte (pending regulatory approval), Kern, Kings, Monterey, Riverside, San Bernardino, and Tulare New pharmacy shared patient savings program featuring one month of plan savings for using a clinically equivalent, lower-cost drug alternative
Sharp Performance Plus	9.40% premium increase for State agencies
Preferred Provider Organization (PPO)	
Plan Name	Changes for 2023
PERS Gold	17.79% premium increase for State agencies
PERS Platinum	14.48% premium increase for State agencies



Supplement to Medicare Plans

Plan Name	Changes for 2023
Anthem Blue Cross Medicare Preferred	Copays for acupuncture and chiropractic services to \$10 down from \$15 14.83% premium increase for State agencies
Anthem Select Medicare Preferred	14.83% premium increase for State agencies
Anthem Select and Medicare Combination	9.04 – 11.41% premium increase for State agencies
Kaiser Permanente Senior Advantage	Quarterly \$70 over the counter (OTC) allowance for OTC medications, vitamins and supplements, and other certain mobility and home care supplies.
PERS Gold and Medicare Combination	10.41 – 14.14% premium increase for State agencies
PERS Platinum and Medicare Combination	11.89 – 13.57% premium increase for State agencies
PERS Platinum Supplement to Medicare	9.97% premium increase for State agencies
Western Health Advantage MyCare Select Medicare Advantage	New supplemental benefit: Meal delivery following hospital stay of up to 56 meals, four times per year



Healthier U Connections

To view recorded webinars that provided plan summary/changes for the upcoming 2023 year, you will need to register for a [Healthier U Connections account](#). Healthier U Connections is an online wellness program which provides year-round access to wellness articles, healthy recipes, a fitness library, and more. Below are instructions on setting up an account:

1. Visit the [Healthier U Connections](#) website,
2. Click on the “Register” Box in the first time user section ,
3. Enter “**Wellness2021**” for the registration code,
4. Enter in your personal information. Please use your work email for the email section,
5. Under the Department section, please select “**Judicial Council of California (JUD)**”,
6. Location will only show San Francisco or Sacramento. Please select either location,
7. Under the Division section, it will ask you to select one of the following: Admin, Executive, Leadership Services, or Operations and Programs. Please select the one that is most applicable to your position.

The recorded sessions, on-demand webinars, and other resources will be available on Healthier U Connections through October 14, 2022. You may also review the open enrollment resources available on the benefit plan administrator’s websites (information provided in the following charts).

After October 14th, employees can continue to access Healthier U Connections for year-round wellness resources.



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Health Maintenance Organizations (HMO):

[Anthem Traditional](#)
[Anthem Select](#)
[BlueShield Access +](#)
[BlueShield Trio](#)
[Health Net Salud HMO y Más](#)
[Health Net SmartCare](#)
[Kaiser Permanente](#)
[Sharp Health Plan](#)
[UnitedHealthCare Signature Value Alliance HMO](#)
[UnitedHealthCare Signature Value Harmony HMO](#)
[Western Health Advantage](#)

Exclusive Provider Option (EPO):

[Anthem EPO \(Del Norte Counties\)](#)
[BlueShield Access+ EPO \(Alpine, Calaveras, Colusa, Inyo, Lake, Lassen, Mendocino, Modoc, Mono, Plumas, Shasta, Sierra, Siskiyou, Tehama, Trinity, and Tuolumne counties\)](#)

Preferred Provider Organization (PPO):

[PERS Gold](#)
[PERS Platinum](#)

Other Health Plan Resources

[OPTUM RX](#)
[CalPERS](#)
[Dignity Health](#)
[Sutter Health](#)
[Hill Physician](#)
[Brown and Toland Physicians](#)
[UC Davis Health](#)

Dental Plans

[Delta Dental PPO plus Premier](#)
[Delta Dental PPO](#)
[DeltaCare](#)
[Premier Access](#)
[MetLife](#)
[Western Dental](#)



JUDICIAL COUNCIL OF CALIFORNIA

ADMINISTRATIVE DIVISION
HUMAN RESOURCES



Vision Plans

[Vision Services Plan Basic](#)

[Vision Services Plan Premier](#)

Flex Elect Plans

[Medical and Dependent Care Reimbursement Plans](#)

[Cash Option Plan](#)

[ASI Flex](#)

Long Term Disability

Group Legal Services Insurance Plan

Wellness Resources





[Wellness Resources available through Healthcare Providers](#)

[Retirement Planning Resources](#)




[Community-based and Volunteering Resources](#)



Health Maintenance Organizations (HMO)

	Online Presentation	Benefit Summary	Helpful Links
 Anthem Blue Cross Traditional HMO 855-839-4524		Traditional HMO 2023 Summary of Benefits Traditional HMO 2023 Evidence of Coverage	Traditional and Select HMO Provider Directory
 Anthem Blue Cross Select HMO 855-839-4524		Select HMO 2023 Summary of Benefits Select HMO 2023 Evidence of Coverage	Select HMO Provider Directory
 BlueShield of California Access + HMO 800-334-5847	2023 CalPERS Blue Shield of California Benefit Presentation Video	2023 Access + HMO Summary of Benefits and Coverage 2023 Access + HMO Evidence of Coverage	Online Access + Provider/Facility Search Schedule Appointment with Blue Shield Representative
 BlueShield of California Trio 800-334-5847	2023 CalPERS Blue Shield of California Benefit Presentation Video	2023 Trio HMO Summary of Benefits and Coverage 2023 Trio HMO Evidence of Coverage	Trio Service Areas and Zip Codes Online Trio HMO Provider/Facility Search



			Schedule Appointment with Blue Shield Representative
 Health Net Salud HMO y Más 888-926-4921	Health Net 2022 Open Enrollment Hosted Meeting (10/05/22 10:00am – 11:00am) via Zoom Join by phone at US: +1 669 444 9171 or +1 646 931 3860, Meeting ID: 978 7406 6879	2023 Salud HMO y Más Summary of Benefits and Coverage 2023 Salud HMO y Más Evidence of Coverage	Health Net Member Guide Online Provider/Facility Search Tool Network Comparison Listing Minute Clinic Quick Reference Guide Wellness Program & Discounts
 Health Net SmartCare 888-926-4921	Health Net 2022 Open Enrollment Hosted Meeting (10/05/22 10:00am– 11:00am) via Team meeting Join by phone at US: +1 669 444 9171 or +1 646 931 3860, Meeting ID: 978 7406 6879	2023 SmartCare HMO Summary of Benefits and Coverage 2023 SmartCare HMO Evidence of Coverage	Health Net Member Guide Online Provider/Facility Search Tool Network Comparison Listing Minute Clinic Quick Reference Guide Wellness Program & Discounts
 Kaiser Permanente 800-305-1220	Kaiser 2022 Open Enrollment Hosted Meeting (9/29/22 10:00am – 11:00am) via Team meeting.	2023 Summary of Benefits and Coverage 2023 Evidence of Coverage	Kaiser Open Enrollment HUB Online Provider and Facility Directory





	<p>Or call in (audio only) +1 213-533-9530,,401183006# United States, Los Angeles Phone Conference ID: 401 183 006#</p> <p><u>Join live OE webinar: Tuesday 9-9:30AM PST or Thursday 1-1:30PM PST (Weekly)</u></p>		<p><u>Health and Wellness Resources</u></p> <p><u>2023 Open Enrollment Guide</u></p> <p><u>On Demand CalPERS 2022 Open Enrollment Webinar</u></p>
 <p><u>Sharp Health Plan</u> 855-995-5004</p>	<p><u>Sharp Performance Plus Health Plan for CalPERS members</u></p>	<p><u>2023 Summary of Benefits and Coverage</u></p> <p><u>2023 Summary of Benefits</u></p> <p><u>2023 Evidence of Coverage</u></p>	<p><u>Member Resource Kit</u></p> <p><u>Online Provider and Facility Directory</u></p> <p><u>Performance Network Overview</u></p>
 <p><u>UnitedHealthcare SignatureValue Alliance HMO</u> 877-359-3714</p>	<p><u>CalPERS 2023 UnitedHealthCare Presentation</u></p> <p><u>UHC Virtual Education Center</u></p>	<p><u>2023 UnitedHealthcare Summary of Benefits and Coverage</u></p> <p><u>2023 Evidence of Coverage</u></p>	<p><u>Open Enrollment Brochure</u></p> <p><u>Online Provider and Facility Directory</u></p> <p><u>Member Resource</u></p>
 <p><u>UnitedHealthcare SignatureValue Harmony HMO</u></p>	<p><u>CalPERS 2023 UnitedHealthCare Presentation</u></p> <p><u>UHC Virtual Education Center</u></p>	<p><u>2023 UnitedHealthcare Summary of Benefits and Coverage</u></p> <p><u>2023 Evidence of Coverage</u></p>	<p><u>Open Enrollment Brochure</u></p> <p><u>Online Provider and Facility Directory</u></p>





877-359-3714			Member Resource
 Western Health Advantage 888-942-7377	Western Health Advantage Open Enrollment Video	2023 Summary of Benefits and Coverage 2023 Combined Evidence of Coverage and disclosure	2023 Open Enrollment Booklet 2023 Plan Highlights Online Provider Networks Online Provider and Facility Directory

Exclusive Provider Options (EPO)



	Online Presentation	Benefit Summary	Helpful Links
 Anthem Blue Cross EPO (Del Norte County) 855-839-4524		EPO 2023 Summary of Benefits EPO 2023 Evidence of Coverage	Del Norte County EPO Providers
 BlueShield of California EPO (16 counties within California) 800-334-5847	Blue Shield of California EPO Plan Interactive Video	2023 EPO Summary of Benefits and Coverage 2023 EPO Evidence of Coverage	Schedule Appointment with Blue Shield Representative

Preferred Provider Organization (PPO)



	Online Presentation	Benefit Summary	Helpful Links
 Anthem Blue Cross PERS Gold 877-737-7776		2023 Summary of Benefits 2023 Evidence of Coverage	Online Provider and Facility Directory
 Anthem Blue Cross PERS Platinum 877-737-7776		2023 Summary of Benefits 2023 Evidence of Coverage	Online Provider and Facility Directory


Other Health Plan Resources

	Online Presentation	Plan Documents	Helpful Links
 OPTUM Rx <i>Pharmacy Benefit Manager for Anthem (HMO/PPO/EPO), Health Net, Sharp, UnitedHealthcare, and Western Health Advantage Plans)</i> 855-505-8110	CalPERS Prescription Benefits Presentation – Administered by OPTUM RX	Evidence of Coverage Booklet	Online Network Pharmacy Directory Prescription Drug Pricing Tool Frequently Asked Questions
 CalPERS	Your MyCalPERS Account For Active and Inactive Members	Health Program Guide 2023 Health Benefits Summary	Your Guide to Choosing a Health Plan





Health Plan Administrator 888-225-7377	CalPERS On-Demand Education Videos Health Enrollment Self-Service information CalPERS health enrollment in myCalPERS tutorial Video	Health Benefit Plan Enrollment Form for Active Employees (HBD-12) 2022-2023 Open Enrollment Newsletter	MyCalPERS Health Plans and Rates Health Plan Search by Zip Code
 Dignity Health Medical Group	Open Enrollment Video Dignity Health Video Libraries Doc Talk Videos		Online Provider Directory Online Location Directory Request a Consultation Dignity Health Brochure
 Sutter Health Medical Group 855-532-6400 Email: employer@sutterhealth.org	Get to Know Sutter Health During Open Enrollment for CalPERS Live Webinar Library		Online Provider Directory My Health Online Benefits
 Hill Physicians Medical Group 800-445-5747			Online Provider Directory Online Urgent Care Center Directory Member Resources
 Brown and Toland Physicians			Online Provider Directory



Medical Group 800-225-5637			Online Hospital and Labs Directory
 UC Davis Health Medical Group 800-282-3284	Open Enrollment How to Choose UC Davis as Primary Care		Open Enrollment Section Online Provider Directory Online Primary Care Locations Directory Frequently Asked Questions

Dental Plans

	Online Presentation	Benefit Summary	Helpful Links
 Delta Dental PPO plus Premier Plan 9949 800-225-3368	Delta Dental Enrollee Online Tools	Delta Dental PPO plus Premier Plan Highlights Delta Dental PPO plus Premier Evidence of Coverage CalHR Dental Benefit Summary 2023 Dental Benefits Handbook for Active Employees Delta Dental PPO Plus Premier and PPO Coverage and Cost Comparison	Online Provider Directory Wellness Site CalHR Frequently Asked Questions Dental Plan Enrollment Authorization STD 692 CalHR Open Enrollment Summary CalHR Benefits Calculator
			



Delta Dental PPO Plan 9946 800-225-3368	Delta Dental Enrollee Online Tools	Delta Dental PPO Plan Highlights Delta Dental PPO Evidence of Coverage CalHR Dental Benefit Summary 2023 Dental Benefits Handbook for Active Employees Delta Dental PPO Plus Premier and PPO Coverage and Cost Comparison	Online Provider Directory Wellness Site CalHR Frequently Asked Questions Dental Plan Enrollment Authorization STD 692 CalHR Open Enrollment Summary CalHR Benefits Calculator
 DeltaCare DHMO 800-422-4234	Delta Dental Enrollee Online Tools	DeltaCare USA Plan Highlights DeltaCare USA Plan Evidence of Coverage CalHR Dental Benefit Summary 2023 Dental Benefits Handbook for Active Employees	Online Provider Directory Wellness Site CalHR Frequently Asked Questions Dental Plan Enrollment Authorization STD 692 CalHR Open Enrollment Summary CalHR Benefits Calculator
	Premier Access Benefits highlights	Schedule of Benefits CalHR Dental Benefit Summary	Online Provider Directory CalHR Frequently Asked Questions





Premier Access DHMO 888-534-3466		2023 Dental Benefits Handbook for Active Employees	Dental Plan Enrollment Authorization STD 692 CalHR Open Enrollment Summary CalHR Benefits Calculator
 MetLife DHMO 800-888-1800	State of California DHMO Insurance	Schedule of Benefits CalHR Dental Benefit Summary 2023 Dental Benefits Handbook for Active Employees	Online Provider Directory MetLife Frequently Asked Questions CalHR Frequently Asked Questions Dental Plan Enrollment Authorization STD 692 CalHR Open Enrollment Summary CalHR Benefits Calculator
 Western Dental DHMO 866-859-7525		Plan Summary Schedule of Benefits CalHR Dental Benefit Summary 2023 Dental Benefits Handbook for Active Employees	Online Provider Search Online Location Search CalHR Frequently Asked Questions Dental Plan Enrollment Authorization STD 692





		Western Dental Benefits at a Glance	CalHR Open Enrollment Summary CalHR Benefits Calculator
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Vision Plans


	Online Presentation	Benefit Summary	Helpful Links
 Vision Services Plan (VSP) Basic Plan 800-877-7195	Open Enrollment Employee Benefits Presentation	2023 Member Benefits Summary Comparison Evidence of Coverage CalHR Vision Benefit Summary	Enrollment/Change Portal Frequently Asked Questions Online Provider Directory CalHR Open Enrollment Summary CalHR Benefits Calculator
 Vision Services Plan (VSP) Premier Plan 800-877-7195	Open Enrollment Employee Benefits Presentation	2023 Member Benefits Summary Comparison Evidence of Coverage CalHR Vision Benefit Summary	Enrollment/Change Portal Frequently Asked Questions Online Provider Directory CalHR Open Enrollment Summary CalHR Benefits Calculator




Flex Elect Plans

	Online Presentation	Benefit Summary	Helpful Links
 Medical and Dependent Care Reimbursement Plan		Reimbursement Plan Summary Medical Reimbursement Account Summary Dependent Care Reimbursement Account Summary 2023 FlexElect Handbook	Reimbursement Account Enrollment Authorization Form STD 701-R FlexElect Reimbursement Claim Form CalHR 351 CalHR Open Enrollment Summary CalHR Benefits Calculator Flex Elect Reimbursement Flyer Medical Reimbursement Eligible Expenses Sheet Health Care Flexible Spending Account Summary Sheet Dependent Care Flexible Spending Account Summary Sheet
 Medical and Dental Cash Option Plan		Cash Option Plan Summary 2023 FlexElect Handbook	Cash Option Enrollment Authorization Form STD 701-C CalHR Open Enrollment Summary




			CalHR Benefits Calculator
 ASI Flex Medical and Dependent Care Reimbursement Plan Adminsrator 800-659-3035	ASI Helpful Videos	HealthCare FSA Information Dependent Care FSA Information	ASI Forms Frequently Asked Questions Savings Calculator

Long Term Disability (LTD)

	Online Presentation	Benefit Summary	Helpful Links
 The Standard 888-641-7193	LTD Decision Support Tools LTD online presentation	Group LTD Guide LTD Certificate of Insurance LTD Summary (CalHR) Know Your Group LTD Benefits	LTD Online Enrollment Key Features of LTD Plan LTD Needs Estimator LTD Premium Calculator



Group Legal Services Insurance Plan

	Online Presentation	Benefit Summary	Helpful Links
 <u>ARAG</u> *Access Code 10202soc 866-762-0972	<u>What is Legal Insurance</u> <u>ARAG Virtual Benefit Fair Webinar</u>	<u>Plan Details</u> <u>Group Legal Services Insurance Plan Summary (CalHR)</u>	<u>Online Enrollment</u> <u>Group Legal Services Insurance Plan Enrollment Authorization for Active Employees</u> <u>ARAG Learning Center</u> <u>Online Attorney Directory</u> <u>Savings Estimator</u>



We are providing the following wellness-related links to various resources offered by the Judicial Council's benefits providers, which are free to both members and non-members.

Wellness Resources available through Healthcare Providers

Kaiser Permanente Monthly Health Topics	Kaiser Monthly Health Topics
Kaiser Permanente Self Care Page	Kaiser Self Care Page
Anthem Blue Cross	Anthem Blue Cross Health & Wellness
Blue Shield	Blue Shield Wellness Resources
HealthNet	Health Net Wellness Webinars
United Healthcare Alliance	Health and Wellness Topics
Western Health Advantage	Health and Wellness Resources
Sharp Health Plan	Prevention and Wellness Resources

Retirement Planning Resources

Savings Plus (SF)	To book an online appointment, click: http://victortawn.myRetirementAppt.com
Savings Plus (SAC)	To book an online appointment, click: http://judicialcouncilsacramento.myretirementappt.com
CalPERS Retirement	To book an appointment, click: https://www.calpers.ca.gov/page/contact/headquarters-regional-offices/make-an-appointment

Free State Wellness Resources and Webinars

Savings Plus Event Calendar	Click to register
CalPERS Member Education Portal	Click for more information
CalPERS BlueShield On-demand Webinars	Click to view
Western Health CommunityFIT	View schedule
California 211	https://www.211ca.org/



Judicial Council of California
Administrative Division
Human Resources

Agency	Pay and Benefits Specialist	Phone Number
Judicial Officers	Rowena Tabar	415-865-4323
Supreme Court of California	Aurora Cazares	415-865-4304
California Judicial Center Library	Aurora Cazares	415-865-4304
Courts of Appeal		
First Appellate District	Hoa Tran	415-865-5335
Second Appellate District	Galina Osachiy	415-865-7611
Third Appellate District	Angela Yip	415-865-8986
Fourth Appellate District	Chantel Perrella	415-865-4279
Fifth Appellate District	Rochelle Mosley	415-865-4298
Sixth Appellate District	Rochelle Mosley	415-865-4298
Commission on Judicial Performance	Rochelle Mosley	415-865-4298
Habeas Corpus Resource Center	Angela Yip	415-865-8986
Judicial Council		
Audit Services	Aurora Cazares	415-865-4304
Executive Office	Stephen Chow	415-865-4576
Governmental Affairs	Hoa Tran	415-865-5335
Public Affairs	Aurora Cazares	415-865-4304
Leadership Services Division		
Leadership Support Services	Hoa Tran	415-865-5335
Legal Services	Galina Osachiy	415-865-7611
Operations & Programs Division		
Business Management Services	Galina Osachiy	415-865-7611



Center for Families, Children & the Courts	Angela Yip	415-865-8986
Center for Judicial Education and Research	Angela Yip	415-865-8986
Criminal Justice	Chantel Perrella	415-865-4279
Information Technology	Aurora Cazares	415-865-4304
Administrative Division		
Branch Accounting and Procurement	Hoa Tran	415-865-5335
Budget Services	Angela Yip	415-865-8986
Facilities Services	Rochelle Mosley	415-865-4298
Human Resources	Rochelle Mosley	415-865-4298